



The Only Moving Checklist You'll Ever Need

Moving is an exciting and life-changing experience. Whether you're relocating for family, lifestyle or work, the process can feel overwhelming with what seems like countless to-dos, checklists and articles. We've created the only moving checklist you'll ever need, based on nearly 100 years of experience helping customers move across the U.S.

This checklist is designed for an eight-week timeline. If your move date is sooner, divide the number of days you have left by eight to create a condensed schedule and adjust your tasks accordingly.

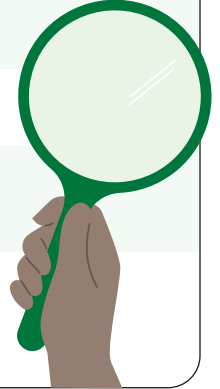


8 Weeks Before Your Move Date

8 weeks

Search for Your New Home

- Use real estate websites and apps to begin your home or rental search
- Research local realtors or request a referral from a national real estate company you've used
- Identify key neighborhood criteria such as school districts, commute times, crime statistics, nearby businesses, medical services and pet amenities
- Determine what you want in a home, including square footage, layout, closets, renovations, age, number of rooms and desired features



7 weeks

6 weeks

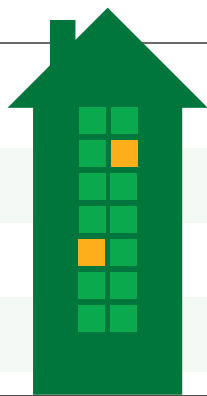
5 weeks

Sell Your Home

- Work with a realtor to list your home, schedule inspections and set a closing date
- Stage your home yourself or hire a contractor
- Align all dates with your moving timeline

4 weeks

3 weeks



Prepare to Transition to a New Lease

- Provide proper notice to your landlord per your lease agreement
- Request the return of your security deposit with a specific date
- Start searching early if you'll need a roommate in your new location

2 weeks

1 week

Get Organized

- Create a move folder to track documents, research, estimates, receipts, signed forms and notes — physically, digitally or both

Moving Day

Post-Move

8 Weeks Before Your Move Date

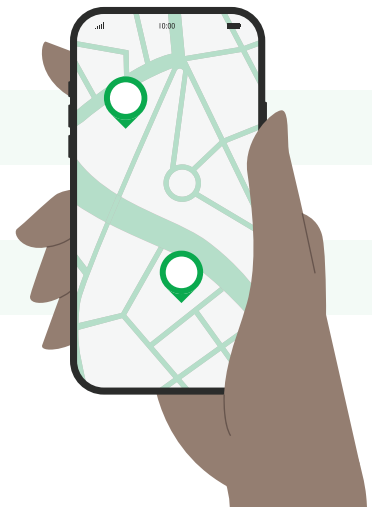
Get Organized (cont.)

- Set up a dedicated move folder in your email inbox for related correspondence
- Create a moving budget, estimate expenses and set limits before requesting quotes
- Build a move calendar that includes your move-out and move-in dates, packing timeline, closing dates, lease termination, travel plans and deadlines



Gather Quotes and Pricing Information

- Learn how to avoid moving scams and recognize red flags
- Determine the services you need — full-service movers like Mayflower offer packing, unpacking, storage, debris removal, car shipping, cleaning, TV mounting, PC setup and more
- Be ready to provide details such as move dates, zip codes, home size, number of floors, needed services and specialty items
- Understand what affects quotes, including seasonality, distance, weight and additional services
- Know the difference between instant quotes, ballpark estimates and those based on virtual or in-person walkthroughs
- Research companies online, including their websites, reviews, social media and local listings
- For interstate moves, verify that companies have a DOT number allowing them to transport goods across state lines
- Schedule a virtual or in-person walkthrough and ask questions about services, costs, delivery and timing
- Understand your mover's responsibilities versus your own
- Know what is included in your base price
- Understand your move protection options and claims process
- Compare estimates and book with the mover that meets your needs and provides the best value



7 Weeks Before Your Move Date

8 weeks

7 weeks

Prepare Your Family

- Talk to your kids about the move and help them prepare for the transition
- If possible, visit your new home and neighborhood with your family



6 weeks

5 weeks

Plan Your New Commute to Work



- Research nearby businesses like restaurants, gas stations and pharmacies
- Review parking policies and procedures
- Find dry cleaners nearby
- Confirm your start date and time
- If job searching, update your resume and begin networking locally

4 weeks

3 weeks

Have Kids?

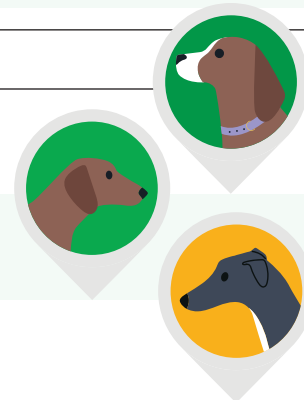
- Notify their current school
- Schedule a school visit
- Research schools in your new area with a list of preferences
- Transfer transcripts, medical records and other documents
- Complete required registration forms

2 weeks

1 week

Have Pets?

- Look into pet-friendly parks and restaurants
- Explore pet daycare and walking services
- Research local vets and read reviews
- Schedule a final vet checkup before the move



Moving Day

Post-Move

6 Weeks Before Your Move Date

Protect Important Documents

- Scan paper documents to the cloud
- Back up files saved on your computer
- Secure login information and passwords, consider using a password manager
- Secure passports, birth certificates, Social Security cards and financial documents — **these should travel with you, not in the moving van**
- Gather product warranties and manuals



5 Weeks Before Your Move Date

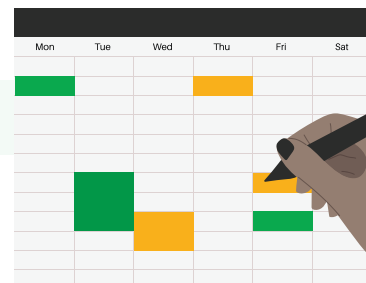
Transfer Important Documents

- Transfer medical records, including vaccinations, to your new providers
- Move dental and vision records
- Transfer prescriptions to your new pharmacy
- Share pet medical records with your new vet



Coordinate with Your Employer

- Request time off for packing, moving and settling in
- Update your address with payroll for tax forms and final checks



8 weeks

7 weeks

6 weeks

5 weeks

4 weeks

3 weeks

2 weeks

1 week

Moving Day

Post-Move

4 Weeks Before Your Move Date

Start Decluttering

- Set aside a space for items you want to discard
- Sort items into categories: trash, donate and sell
- Host a garage sale
- Use online consignment or marketplace sites to sell unwanted items
- Donate to Goodwill or neighborhood bins
- Check with local schools, churches or nursing homes about donations
- Hire a junk removal service if needed
- Shred sensitive documents — many banks and office stores offer this service



3 Weeks Before Your Move Date

Update Your Address

- Update addresses for financial accounts, including checking, credit cards, loans and investments
- Change your address for subscriptions, including streaming and food delivery
- Notify all insurance providers — health, auto, pet, homeowner's or renter's
- Update your address for any publications you receive
- Change your address for tax documents and medical billing



8 weeks

7 weeks

6 weeks

5 weeks

4 weeks

3 weeks

2 weeks

1 week

Moving Day

Post-Move

3 Weeks Before Your Move Date

Update Your Address (cont.)

- Notify Social Security, Veterans Affairs, IRS, Medicaid and Medicare if applicable
- Let your employer and payroll department know your new address
- Update your voter registration

Cancel Local Memberships

- Notify and cancel gym memberships, clubs and associations

Plan Your Goodbyes

- Schedule time with neighbors, friends and family
- Visit your favorite local places



8 weeks

7 weeks

6 weeks

5 weeks

4 weeks

3 weeks

2 weeks

1 week

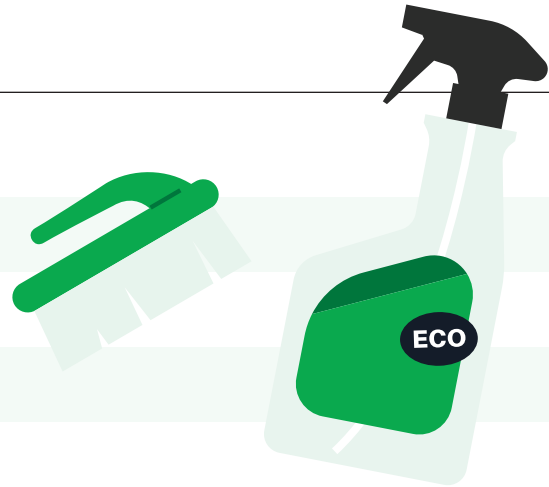
Moving Day

Post-Move

2 Weeks Before Your Move Date

Prepare Your Home

- Deep clean your home or hire a service
- Patch holes left by nails or screws
- Add padding to furniture and protect flooring
- Have rugs professionally cleaned
- Begin disassembling unused furniture. Use labeled baggies for small furniture hardware, we recommend starting a parts box to keep all hardware in one place.
- Make any needed repairs to receive your security deposit



Prepare for Your Trip

- Create a playlist for the drive
- Plan your route, hotels, meals and fuel stops
- Pack clothes, toiletries, snacks and electronics for the trip
- Bring books, toys, tablets and activities for kids
- Check the weather for your move week
- Keep valuables and essentials with you
- Service your car and fill up your gas tank
- Confirm car shipping with your moving company

Take Care of Housekeeping Items

- Return borrowed items
- Return library books
- Make any in-store returns
- Pick up dry cleaning
- Pay outstanding fees or fines



8 weeks

7 weeks

6 weeks

5 weeks

4 weeks

3 weeks

2 weeks

1 week

Moving Day

Post-Move

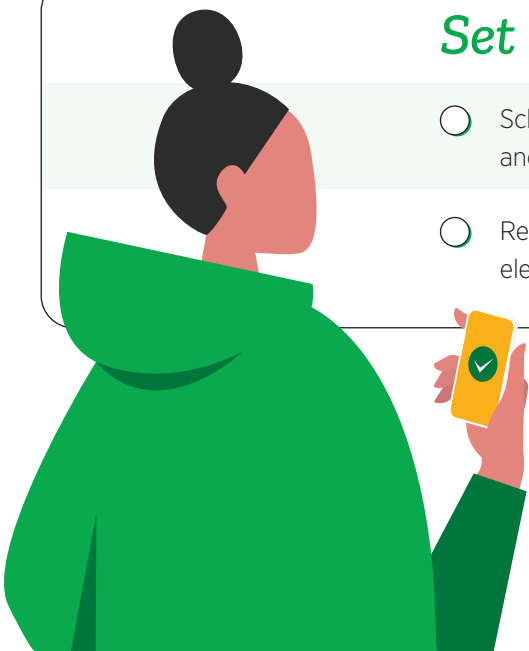
1 Week Before Your Move Date

Prepare Your Appliances

- Mayflower recommends using a qualified technician to prepare appliances for moving, ask your move coordinator if you would like United to arrange this for you.
- Unplug, empty, defrost and air out refrigerators and freezers at least 24 hours before moving. Be sure they are completely dry before closing
- Empty dishwashers
- Disconnect and stabilize washers and dryers
- Drain gas-powered items and let them dry out completely. Seal tank tightly with gas cap after airing out.
- Return propane canisters to the store
- Dry garden hoses completely and tightly connect the two ends to prevent any drips
- Pack and pad small appliances
- Remove and wrap light bulbs from fixtures
- Disassemble TVs, mounts, computers, printers and scanners

Set Up Services at New Home

- Schedule connections for utilities like gas, electric, trash, water, cable and internet
- Research and list contractors you may need, such as plumbers, electricians or landscapers



8 weeks

7 weeks

6 weeks

5 weeks

4 weeks

3 weeks

2 weeks

1 week

Moving Day

Post-Move

1 Week Before Your Move Date

Plan for Move Out Day

- Arrange for pet and/or childcare
- Meal prep for the final week
- Visit the ATM if you plan to tip movers, tipping is optional and is at your discretion
- Set aside items that should not go on the moving truck, we recommend marking a closet with a sign that says "**DO NOT LOAD**"



Additional Notes

8 weeks

7 weeks

6 weeks

5 weeks

4 weeks

3 weeks

2 weeks

1 week

Moving Day

Post-Move

YOU MADE IT!

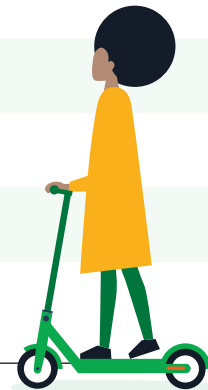
Move Out Day

- Call your mover to confirm arrival time
- Prepare a cooler with drinks and snacks
- Direct movers and flag special items
- Sign required paperwork, such as the Bill of Lading and inventory
- Leave a welcome note for the new residents
- Turn off lights and lock doors



Move In Day

- Protect floors
- Be prepared to guide movers on furniture and box placement
- Set up bathrooms with hand soap and
- Before you begin unpacking, do some basic cleaning
- Baby-proof the home
- Unpack your cooler and first-night kit
- Bring personal items in from your vehicle
- Make spare keys as needed



First Week in Your New Home

Stock Up

- Buy groceries and essentials

Set Up Services at New Home

- Clean floors, baseboards, windows, fans, stairs and surfaces
- Hire a move-in cleaning service if desired
- Service the chimney if needed
- Make sure your address is visible

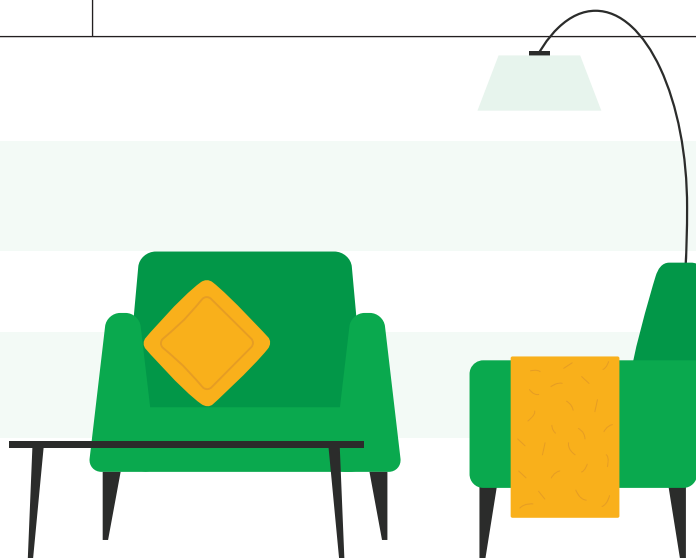


Set Up Safety and Security

- Research and install a security system

Furnish and Organize

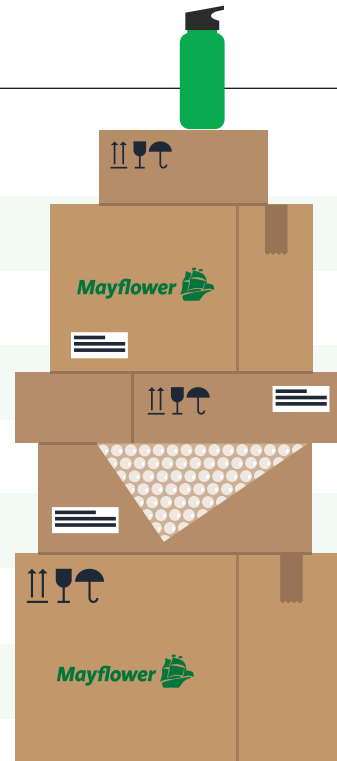
- Make a shopping list for furniture and decor
- Identify nearby emergency services
- File claims with your mover if anything is lost or damaged



First Week in Your New Home

Begin Unpacking

- Consider using an unpacking service
- Unpack essentials like dishes, toiletries, food and clothing
- Pace yourself to avoid feeling overwhelmed
- Reassemble furniture
- Let kids help set up their spaces with bins and shelves
- Declutter again as you unpack — donate, sell or discard as needed
- Use debris pick-up services if needed



Get Your Documents and Accounts in Order

- Confirm address changes have gone through
- Open new accounts for banking, insurance and medical providers
- Register to vote
- Ensure return of your security deposit
- Establish residency in your new location
- Meet DMV requirements and get a new license
- Register pets and update tags or microchips
- Learn your trash and recycling pickup days

Settle In

- Meet your neighbors
- Set up playdates for your kids
- Leave a review and send a thank-you to your realtor
- Review your moving company online
- Explore your new community



8 weeks

7 weeks

6 weeks

5 weeks

4 weeks

3 weeks

2 weeks

1 week

Moving Day

Post-Move